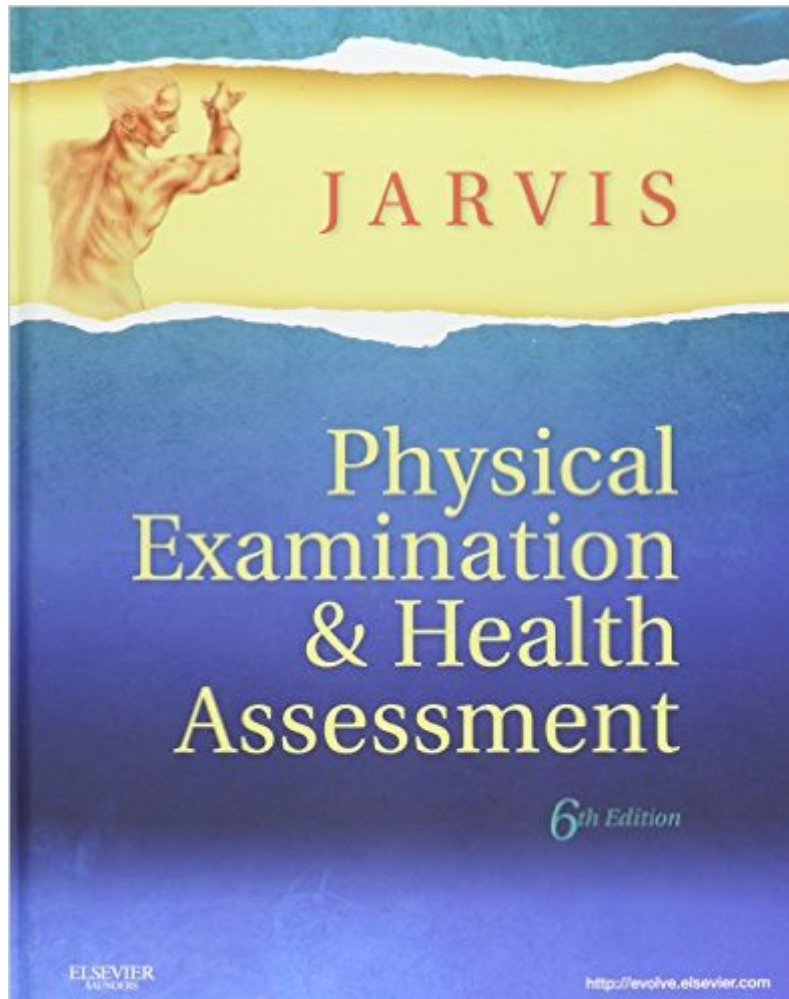


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# Physical Examination And Health Assessment, 6th Edition



## Synopsis

With an easy-to-read approach and unmatched learning support, *Physical Examination & Health Assessment, 6th Edition* offers a clear, logical, and holistic approach to physical exam across the lifespan. Detailed illustrations, summary checklists, and new learning resources ensure that you learn all the skills you need to know. This gold standard in physical exam reflects what is going on in nursing today with coverage of emerging trends and new evidence-based content. It's easy to see why this text is, far and away, #1 in this market! This item is a stand-alone text. A clear, conversational writing style makes learning easier. A two-column format distinguishes normal findings from abnormal findings, and uses color, step-by-step photos to clarify examination techniques and expected findings. Over 1,000 full-color illustrations present anatomy and physiology, examination techniques, and abnormal findings. Developmental considerations help in caring for patients across the lifespan with age-specific assessment techniques for infants, children, adolescents, pregnant females, and older adults. Abnormal findings tables include over 300 pathology photos to help in recognizing, sorting, and describing abnormalities. Promoting a Healthy Lifestyle boxes enable patient teaching and health promotion while performing the health assessment. An emphasis on cultural competencies reflects today's care considerations for an increasingly diverse patient population. Documentation examples show how to record assessment findings in the patient's chart, using the SOAP format. Summary checklists provide a quick review of examination steps. Spanish-language translations on the inside back cover highlight important phrases for better communication during the physical examination. A companion Evolve website helps you review key content offering case studies with critical thinking questions, printable health promotion handouts, a head-to-toe examination video, heart and lung sounds, audio chapter summaries, and more. NEW! evidence-based guidelines reflect a focus on conducting the most effective, qualitative exams. NEW! Substance Use Assessment chapter addresses this increasingly critical aspect of holistic patient assessments. 100 new photos of step-by-step examination techniques include all-new exam panoramas for key systems. 100 new abnormal findings photos provide instant visual cues for findings that are unexpected or that require referral for follow-up care. Expanded chapter on assessment of the hospitalized adult provides a focused assessment of the patient in the hospital setting. New content on obesity provides current information on this growing health problem.

## Book Information

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## Customer Reviews

I have used many editions of this book, I think I started out with 2nd edition, because I taught Physical/Health Assessment for many years. When I first started teaching it 2 or 3 semesters a year I had the opportunity to review many and this was always my favorite- especially when you started offering the online materials. Even if everything did not apply (I taught at ASN, BSN levels and had my nurse practitioner students use it for their basic review text. However many texts were available for review from 1990 to 2008, I reviewed them. In 2013 I simply went to [Amazon](#) and asked for Jarvis's newest book available on this topic. When I review a text for course use I pick out the chapters of things I know very well and read them word by word, then peruse the other chapters, though after teaching 29 years I am quite familiar. I was also a Family Nurse Practitioner. Students did not complain about readability and pictures and so on, just how big the assignments were. The whole book is way to much for one course (that's why NP students need a good book for review). And I was pleased with the pain assessment chapter and especially slides. As much as it "pains" me to see in research literature, medical and nursing students are woefully undereducated on pain management' I have stayed somewhat current in pain management by belonging to the American Society for Pain Management Nursing ( and a few other groups like the American Pain Society). A close friend with similar nursing background decided in 1980 to select the most serious problem of our whole profession. We chose undertreatment of pain. We have slowed down somewhat . We plan to continue until we develop dementia or die.

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